



WEEKLY SNACK MENU

SITE NAME:					
10/2-10/6					
	2-Oct Monday	3-Oct Tuesday	4-Oct Wednesday	5-Oct Thursday	6-Oct Friday
PM Snack (Pick Two: 1oz Grain, 6oz Fruit or Vegetable, 4oz Yogurt, 1oz Cheese)	WG Chocolate Bunnies	WG Cheddar Crackers	WG Bug Bites	WG Fantastixs	
	Apples	1 oz cheese	Sunflower kernels	Fresh Fruit: <u>Tangerines</u>	Closed
	WATER	WATER	WATER	WATER	

YMCA Fun Co. Menu 2023

Oct 2nd – Oct 6th

Monday	Tuesday	Wednesday	Thursday	Friday
1%/Skim Milk/1% Chocolate Fat Free	1%/Skim Milk/1% Chocolate Fat Free	1%/Skim Milk/1% Chocolate Fat Free	1%/Skim Milk/1% Chocolate Fat Free	1%/Skim Milk/1% Chocolate Fat Free
Chef Salads (2oz Ham/Turkey) (1oz Shredded Cheese)	Hot Dogs (2oz Beef)	Turkey Wraps (2oz Turkey)	Chicken Tetrazzini (6oz Pasta/2oz Chicken)	Ham & Cheese Subs (2oz Ham) (1oz Cheese)
Salad Greens Tomato/Cucumber (16oz) (w/ Optional Dressing)	Glazed Carrots (4oz)	Celery Sticks (4oz)	Green Beans (4oz)	Petite Carrots (4oz)
Applesauce	Fresh Fruit Whole Orange	Fresh Fruit Whole Apple	Mandarin Oranges	Fresh Fruit Whole Banana
WG Rolls	WG Bun	WW Tortilla Wrap	WW Pasta	WG Hoagie



The Greater Faith Temple Food Service

SITE NAME: _____



Menu

Week of October 2nd- October 6th

<i>Meal Pattern</i>	Monday	Tuesday	Wednesday	Thursday	Friday
	LUNCH/SUPPER	LUNCH/SUPPER	LUNCH/SUPPER	LUNCH/SUPPER	LUNCH/SUPPER
Meat/Meat Alternate	Ground Beef Bolognese	Cheesburger Casserole with Beef	Beef Bacon Carbonara	Butternut Squash Lasagna	
<i>Substitutions/ Notes</i>					
Grain	WG Pasta	WG Crust	WG Pasta	WG Pasta	
<i>Substitutions/ Notes</i>					
Vegetable	Roasted Vegetables	Roasted Potatoes	Garden Salad	Garden Salad	
<i>Substitutions/ Notes</i>					
Fruit	Fruit:	Fruit:	Fruit:	Fruit:	
<i>Substitutions/ Notes</i>	_____		_____	_____	
Milk	1% Milk	1% Milk	1% Milk	1% Milk	
<i>Substitutions/ Notes</i>					

