



Fun Company

YMCA School Age Services

February 2016

"Food for Good" Pilot Supper Sites

CACFP Meal Program

Daily serve **ALL FIVE** of the following components and serve appropriate portions:

Food Components	Ages 6-12
Milk	1 Cup / 8oz.
Bread	1 Slice / ½ Cup
Vegetable/ Fruit	¾ Cup / Whole Piece
Vegetable/ Fruit	¾ Cup / Whole Piece
Meat/Protein	1 oz. / 2 Tbsp. P-nut Butter

NOTE: * *menu items subject to change depending on vendor/supplier availability **can substitute celery sticks, baby carrots, tomatoes + can substitute other fresh fruits – apples, bananas, orange, grapes, etc.**

MONDAY Sandwich	TUESDAY Build a Wrap	WEDNESDAY Green Leaf Salad	THURSDAY Salad	FRIDAY Fun Day	RECORD KEEPING
<p>1. Turkey w/cheese, WG bun, carrots w/ranch, whole apple</p> <p style="text-align: right;">○ □</p>	<p>2. SW chicken, flatbread, cheese, romaine, corn.</p> <p style="text-align: right;">○ □</p>	<p>3. Garden salad, diced turkey, cherry tomato, orange slices, Goldfish</p> <p style="text-align: right;">○ □</p>	<p>4. Chef salad, turkey and chicken, romaine, cheese, shredded carrots, green pepper, wheat roll, dressing</p> <p style="text-align: right;">○ □</p>	<p>5. PB&J, Sunchips, carrots w/ ranch, orange slices</p> <p style="text-align: right;">○ □</p>	<p>○ = Snacks Served</p> <p>□ = Daily Attendance</p>
<p>8. Chicken Caesar Wrap, lettuce, WG tortilla, parmesan cheese</p> <p style="text-align: right;">○ □</p>	<p>9. Pizza- buffalo chicken, mozzarella cheese, marinara sauce, flatbread, green pepper</p> <p style="text-align: right;">○ □</p>	<p>10. Italian chicken, romaine, croutons, shredded cheese, cherry tomato, Italian dressing</p> <p style="text-align: right;">○ □</p>	<p>11. Garden salad, turkey ham, cherry tomato, broccoli, goldfish</p> <p style="text-align: right;">○ □</p>	<p>12. Turkey w/ cheese, WG bun, pineapple chunks, banana</p> <p style="text-align: right;">○ □</p>	<p>Total Daily Attendance</p> <p>_____</p>
<p>15. No service</p> <p style="text-align: right;">○ □</p>	<p>16. Buffalo chicken wrap, buffalo chicken w/ ranch, lettuce, tomato, wheat tortilla, cheese, celery sticks, whole apple</p> <p style="text-align: right;">○ □</p>	<p>17. Chef salad w/ croutons, turkey ham, cheese, romaine, cherry tomato</p> <p style="text-align: right;">○ □</p>	<p>18. Tuna salad w/ pita, celery w/ ranch, cherry tomato</p> <p style="text-align: right;">○ □</p>	<p>19. Pizza- Thai chicken mozzarella cheese, marinara sauce, flatbread</p> <p style="text-align: right;">○ □</p>	<p>Total Snacks Served</p> <p>_____</p>
<p>22. PB&J, Sunchips, carrots w/ ranch, whole apple</p> <p style="text-align: right;">○ □</p>	<p>23. Chicken ranch wrap, romaine, cheese, orange slices</p> <p style="text-align: right;">○ □</p>	<p>24. Chef salad w/ croutons, turkey and turkey ham, cheese, romaine, cherry tomato</p> <p style="text-align: right;">○ □</p>	<p>25. Chicken Caesar salad, lettuce, chicken, parmesan cheese, whole apple</p> <p style="text-align: right;">○ □</p>	<p>26. Turkey w/ cheese, WG bun, Sunchips, unsweetened applesauce, celery sticks w/ ranch</p> <p style="text-align: right;">○ □</p>	<p>Food Receipt Total (Turn in delivery ticket)</p> <p>\$ _____</p>